



ANTIPASTI - STARTERS – SALADS 开胃菜-前菜-沙拉

Pane di pizza 披萨薄饼

Italian flat-bread, pesto, cherry tomato, fresh basil
意大利扁平面包, 香蒜青酱, 樱桃番茄, 新鲜罗勒

Pane di pizza 披萨薄饼

Italian flat-bread, garlic, fresh basil, cherry tomato, mozzarella

意大利扁平面包, 大蒜, 新鲜罗勒, 樱桃番茄, 马苏里拉奶酪

Burrata fresca 布拉塔鲜酪

Fresh burrata cheese on marinated tomato
新鲜布拉塔奶酪配腌西红柿

Insalata di rucola 芝麻菜沙拉

Salad of rucola, semi-dried tomato, walnut, truffle balsamico

芝麻菜沙拉, 半干番茄, 核桃, 松露香醋

Insalata di cesare 凯撒沙拉

Caesar salad, Italian pancetta, Scottish salmon
凯撒沙拉, 意大利烟肉, 烟熏三文鱼

Insalata mediterranea 地中海沙拉

Mediterranean salad green leaves, artichoke, olives, mozzarella

地中海沙拉绿叶, 朝鲜蓟, 橄榄, 马苏里拉奶酪

Insalata di mare 海鲜沙拉

Seafood salad, wild fennel, basil pesto

海鲜沙拉, 野茴香, 罗勒香蒜青酱

Insalata di rucola con salsiccia

香肠芝麻菜沙拉

Grilled Italian sausage, fresh rocket, dried tomato, pine nut

意大利香肠, 新鲜芝麻菜, 番茄干, 松子

Calamari fritti 鱿鱼圈

Crumbed calamari, rucola, caper butter sauce

包糠鱿鱼圈, 芝麻菜, 酸豆黄油酱

Carpaccio di manzo 意式薄片生牛肉

Raw beef carpaccio, pine nuts, olive oil, rocket leaves, parmesan

薄片生牛肉, 松子, 橄榄油, 芝麻菜, 帕马森芝士

Prosciutto di Parma 帕尔玛火腿

Parma ham, melon 帕尔玛火腿, 哈密瓜

Salmone affumicato 烟熏三文鱼

Scottish smoked salmon, grilled artichoke, caper berries

苏格兰烟熏三文鱼片, 烤朝鲜蓟, 酸豆果

Cozze e vongole all'arrabbiata

香辣番茄贻贝蛤蜊

Mussels and clams in spicy tomato sauce, garlic grissini

贻贝和蛤蜊拌香辣番茄汁, 蒜香棍型面包

Antipasto misto 开胃什锦盘

Assorted selections of Italian cold cuts, vegetables and cheeses

意大利精选冷盘, 蔬菜和奶酪

LE ZUPPE – SOUPS

意式浓汤

Minestrone 意大利通心粉汤

Rustic minestrone with borlotti beans

田园蔬菜通心粉汤和花豆

Crema di zucca 南瓜奶油汤

Pumpkin soup, roasted almond, extra virgin olive oil

南瓜汤, 烤杏仁, 初榨橄榄油

LA PASTA - PASTAS S / L

意大利面及通心粉 小份/大份

Penne arrabbiata 香辣茄酱通心粉

Penne with tomato sauce, garlic, chilli

斜管通心粉配番茄酱、大蒜、辣椒酱

Penne al salmone 三文鱼通心粉

Penne with fresh salmon, tomato sauce, ricotta cheese

斜管通心粉配新鲜三文鱼, 番茄酱, 亚科塔乳清奶酪

Spaghetti aglio & olio 蒜香橄榄油意面

Spaghetti with garlic, olive oil, chili

意面配大蒜、橄榄油、辣椒酱

Spaghetti napoletana 拿破仑肉酱意面

Spaghetti with tomato sauce, basil

意面配番茄酱、罗勒叶

Spaghetti Carbonara 意式培根鸡蛋面

Spaghetti with bacon, egg, parmesan

意面配培根、鸡蛋、帕玛森芝士

Spaghetti alle vongole 贻贝意大利面

Spaghetti vongole, fresh clams, cherry tomatoes, white wine sauce

贻贝意面, 新鲜蛤蜊, 樱桃番茄, 白酒汁

Bucatini Amatriciana 番茄熏肉通心粉

Spaghetti tubes, spiced tomato sauce, smoked pork cheek

通心粉, 番茄酱, 烟熏猪肉

PASTA FRESCA – HOME-MADE PASTAS

S / L

意式千层面及宽面 小份/大份

Fettuccine nere ai sapori di mare

意式海鲜黑酱宽面

House-made squid ink fettuccine, local seafood, sun-dried tomato sauce

手工乌贼汁宽面, 当地海鲜, 日晒番茄酱

Prego fettuccine o lasagna alla Bolognes

招牌肉酱千层面

Prego's famous fettuccine OR lasagna Bolognese

本店招牌

Fettuccine al pesto, pinoli, mascarpone

松子青酱宽面

Fettuccine pesto, mascarpone, pine nuts

香蒜青酱宽面, 马斯卡邦奶酪, 松子

Pici 尖头梭面

Tuscan hand rolled pici pasta, Chianti wine beef ragu, pecorino

手工揉制尖头梭面, 基安蒂红酒牛肉酱, 佩克利诺奶酪

Pappardelle allo zafferano,ragu di agnello, funghi porcini

藏红花羊肉酱牛肝菌宽面

Saffron pappardelle, roasted lamb ragu, porcini mushrooms

藏红花宽面, 炖羊肉酱, 牛肝菌

Ravioli ricotta e spinaci 菠菜奶酪面饺

A folded ravioli filled with ricotta & spinach, butter sage sauce

里科塔乳清奶酪&菠菜馅面饺, 黄油鼠尾草酱

Gnocchi al pesto gorgonzola e spinaci freschi

菠菜青酱面疙瘩

Home-made potato gnocchi, pesto, fresh spinach, gorgonzola cheese

手工土豆面疙瘩, 香蒜青酱, 新鲜菠菜, 戈贡左拉奶酪

I RISOTTI - ITALIAN RISOTTOS S / L

意式烩饭 小份/大份

Risotto taleggio e tartufo

黑松露软奶酪意式烩饭

Risotto, black truffle, Taleggio

烩饭, 黑松露, 塔雷吉欧软奶酪

Risotto gamberi 虾仁意式烩饭

Risotto prawn, roasted cherry tomato

虾仁烩饭, 烤樱桃番茄

Risotto ai formaggi 奶酪意式烩饭

Risotto four cheeses - taleggio, gorgonzola, parmesan, mozzarella

四种奶酪烩饭-塔雷吉欧软奶酪, 戈贡左拉奶酪, 帕马森干酪, 马苏里拉奶酪

Risotto alla Milanese con piselli

米兰式青豆烩饭

Risotto Milanese – saffron, parmesan green peas

米兰式烩饭-藏红花, 帕马森干酪, 青豆

CARNE E PESCE - MEAT & FISH

肉类-红肉和鱼

Tagliata di angus 安格斯切片牛排

Tagliata of Angus beef sirloin, grilled polenta, roasted sweet peppers

西冷牛排切片, 玉米糊, 烤甜椒

Filetto di manzo 菲力牛排

Grilled Australian beef tenderloin, sautéed asparagus, truffle taleggio sauce

澳洲菲力牛排, 炒芦笋, 松露奶酪汁

Costolette di agnello 羊排

Oven baked NZ lamb chops, fresh herbs, sautéed spinach, grilled tomato

新西兰羊排, 新鲜植物, 菠菜, 烤番茄

Pollo ripieno 鸡卷

Roasted chicken roulade filled with spinach & smoked scamorza cheese, mustard mash

烤鸡肉卷, 裹菠菜&烟熏斯卡莫扎奶酪, 芥菜糊

Saltimbocca 意式煎小牛肉

Veal Saltimbocca, parma ham, fresh sage, eggplant caponata

煎小牛肉, 帕尔玛火腿, 新鲜鼠尾草, 炒茄子

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 Chef's Recommendation 主厨推荐

Grigliata di pesce 烤鱼

Grilled seafood platter, lemon thyme, rosemary garlic potatoes

烤海鲜拵盘, 柠檬百里香, 迷迭香蒜香土豆

Filetti di spigola 海鲈鱼鱼片

Pan-roasted sea bass fillet, pumpkin mash, butter caper-berry sauce

炉烤海鲈鱼片, 南瓜糊, 黄油续随子酱

Aragostelle 琵琶虾

Grilled slipper lobster, garlic chili pesto linguine, parmesan basket

烤虾, 辣椒蒜蓉扁宽面, 帕玛森篮

Salmone grigliato 烤三文鱼

Baked salmon fillet, baby spinach, lemon cream reduction

烤三文鱼片, 嫩叶菠菜, 柠檬奶油

LE PIZZE - PIZZAS S / L

披萨 小份/大份

Margherita 玛格丽特披萨

tomato sauce, mozzarella, basil

番茄酱, 马苏里拉奶酪, 罗勒

Pugliese 普列赛披萨

tomato sauce, mozzarella, roasted onion, cherry tomato

番茄酱, 马苏里拉奶酪, 洋葱, 樱桃番茄

Romana 罗马纳披萨

tomato sauce, mozzarella, capers, anchovies, black olives

番茄酱, 马苏里拉奶酪, 酸豆, 鳀鱼, 黑橄榄

Frutti di mare 海鲜披萨

Seafood, tomato sauce, mozzarella

海鲜, 番茄酱, 马苏里拉芝士

Pizza formaggi 奶酪披萨

Tomato sauce, mozzarella, taleggio, scamorza, gorgonzola

四种奶酪—番茄酱, 马苏里拉奶酪, 塔雷吉欧软奶酪,

斯卡莫扎奶酪, 戈贡左拉奶酪

Occhio di bue 靶心披萨

Tomato sauce, mozzarella, cooked ham, egg

番茄酱, 马苏里拉奶酪, 熟火腿, 鸡蛋

Diavola 腊肠风味披萨

Tomato sauce, mozzarella, spicy salami, fresh chili

番茄酱, 马苏里拉奶酪, 意式辣肠,

Carbonara 卡尔博纳拉披萨

White sauce, mozzarella, taleggio, egg, pancetta, parmesan

奶油白酱, 马苏里拉奶酪, 塔雷吉欧软奶酪, 鸡蛋, 意大利烟肉,

帕马森干酪

Tonno 金枪鱼披萨

Tomato sauce, mozzarella, tuna, onion

番茄酱, 马苏里拉奶酪, 金枪鱼, 洋葱

Prosciutto funghi 蘑菇火腿披萨

Tomato sauce, mozzarella, cooked ham, sautéed mushrooms

番茄酱, 马苏里拉奶酪, 熟火腿, 炒蘑菇

Prosciutto crudo e rucola 芝麻菜火腿披萨

Tomato sauce, mozzarella, Parma ham, parmesan, rucola

番茄酱, 马苏里拉奶酪, 帕尔玛火腿, 帕马森干酪, 芝麻菜

Gorgonzola e pere 梨子奶酪披萨

Tomato sauce, mozzarella, gorgonzola, pears

番茄酱, 马苏里拉奶酪, 戈贡左拉奶酪, 梨

Salmone 三文鱼披萨

Tomato sauce, mozzarella, smoked salmon, asparagus

番茄酱, 马苏里拉奶酪, 烟熏三文鱼, 芦笋

Napoletana 那不勒斯披萨

Tomato sauce, mozzarella, anchovies

番茄酱, 马苏里拉奶酪, 鳀鱼

Capricciosa 卡布里乔莎披萨

Tomato sauce, mozzarella, ham, sautéed mushrooms, artichoke, black olives

番茄酱, 马苏里拉奶酪, 火腿, 炒蘑菇, 朝鲜蓟, 黑橄榄

Tropicale 热带风情披萨

Tomato sauce, mozzarella, pineapple, cooked ham, bell pepper

番茄酱, 马苏里拉奶酪, 菠萝, 熟火腿, 甜椒

Calzone 披萨盒子

Folded pizza with tomato sauce, mozzarella, cooked ham, sautéed mushrooms

含有番茄酱, 马苏里拉奶酪, 熟火腿,

炒蘑菇馅的折叠披萨

BUILD YOUR OWN PIZZA

定制属于你自己的披萨

Choose a sauce and 4 toppings

选择一种酱料及四种配料

Sauces: classic tomato sauce / spicy tomato sauce / white cream sauce / pesto-tomato sauce / olive oil

酱料: 经典番茄酱/香辣番茄酱/奶油白酱/香蒜番茄青酱/橄榄油

Meats: Parma ham / cooked ham / grilled chicken / Italian sausage / spicy salami / mortadella / bacon

肉类: 帕尔玛火腿 / 熟火腿 / 烤鸡肉 / 意大利香肠 / 辣肠

/ 熏香肠 / 培根

Seafood: smoked salmon / anchovies / shrimps /

grilled squid / tuna

海鲜: 烟熏三文鱼 / 鳀鱼 / 虾 / 烤鱿鱼 / 金枪鱼

Vegetables: artichokes / arugula / bell peppers /

cherry tomatoes / garlic / fresh basil / mushrooms /

olives / pineapple / roasted onion / spinach / zucchini

/eggplant/ asparagus / sun-dried tomato / capers

蔬菜: 朝鲜蓟 / 芝麻菜 / 甜椒 / 樱桃番茄 / 大蒜 /

新鲜罗勒 / 蘑菇 / 橄榄 / 菠萝 / 洋葱 / 菠菜 / 西葫芦 /

茄子 / 芦笋 / 干番茄 / 酸豆

Cheese: mozzarella / gorgonzola / taleggio / scamorza / parmesan / pecorino / ricotta

奶酪: 马苏里拉奶酪 / 戈贡左拉奶酪 / 塔雷吉欧软奶酪 /

斯卡莫扎奶酪 / 帕马森干酪 / 佩科里诺羊乳干酪 /

亚科塔乳清奶酪

CONTORNI – SIDES

配菜

Polenta e gorgonzola 奶酪玉米糊

Creamy polenta with gorgonzola

奶油玉米糊和戈贡左拉奶酪

Spinaci e Scamorza fusa 奶酪焗菠菜

Baked spinach with scamorza cheese

菠菜和斯卡莫扎奶酪

Parmigiana di melanzane 奶酪焗茄子

Eggplant parmigiana 茄子和帕马森干酪

Verdure miste marinate 什锦腌制蔬菜

Marinated grilled vegetables 腌制炒蔬菜

Broccoli e parmigiana 奶酪焗西兰花

Sautéed broccoli, toasted almonds, parmesan

炒西兰花, 炒杏仁, 帕马森干酪

Crema di patate e tartufo nero

奶油黑松露糊

Black truffle mash 黑松露糊

I DOLCI – DESSERTS

甜点

Panna cotta 奶冻

Panna cotta orange flavored 香橙奶冻

Crema di cocco, frutti di bosco

森林椰奶慕斯

Coconut mousse, forest berries 椰奶慕斯, 野浆果

Il Tiramisu 提拉米苏

Chef’s tiramisù 主厨特制提拉米苏

Crostata di mele 苹果派

Oven baked apple pie, vanilla ice cream

苹果派, 香草冰淇淋

Semifreddo al cappuccino, salsa al cioccolato

卡布奇诺冰淇淋蛋糕

Cappuccino parfait, chocolate sauce

卡布奇诺冰淇淋蛋糕, 巧克力酱

Affogato 阿芙佳朵

Espresso, amaretto, fior di latte ice cream

浓缩咖啡, 安摩拉多苦杏利口酒, 白牛奶冰淇淋

Gelati 冰淇淋

Homemade ice creams 自制冰淇淋

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